

NJ Disaster and Terrorism Branch

Presents:

QPR

Question. Persuade. Refer. Training

Hosted by Gloucester County Division of Human and Disability Services -- Office of Mental Health

The QPR mission is to reduce suicidal behaviors and save lives by providing innovative, practical and proven suicide prevention training. The signs of crisis are all around us. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

As a QPR-trained Gatekeeper you will learn to:

- Recognize the warning signs of suicide
- Know how to offer hope
- Know how to get help and save a life

Who is a Gatekeeper?

According to the Surgeon General's National Strategy for Suicide Prevention (2001), a gatekeeper is someone in a position to recognize a crisis and the warning signs that someone may be contemplating suicide.

Gatekeepers can be anyone, but include parents, friends, neighbors, teachers, school staff, ministers, doctors, nurses, office supervisors, squad leaders, foremen, police officers, advisors, caseworkers, firefighters, and many others who are strategically positioned to recognize and refer someone at risk of suicide.

Sponsored by the Gloucester County Board of Chosen Freeholders

Robert M. Damminger, Freeholder Director
Frank J. DiMarco, Deputy Freeholder Director
Jim Jefferson, Freeholder Liaison

WHEN

AUGUST 21, 2019

5:00 PM REGISTRATION

5:30 PM COURSE BEGINS

7:30PM COURSE ENDS

WHERE

Gloucester County Library
Mullica Hill Branch
389 Wolfert Station Road
Mullica Hill, NJ 08062

**REGISTRATION IS
REQUIRED FOR
THIS
FREE TRAINING**

RSVP your attendance to
Gloucester County Office of
Mental Health:
mhsinfo@co.gloucester.nj.us

